## Cell Phone Usage Agreement

1. I promise to report any abuse, threatening or unacceptable messages I receive.
2. I agree only to receive calls during the designated times. $\qquad$
3. I will only give my number to those that I know personally.
4. I will not send any inappropriate texts, pictures or make phone calls of an in proper nature even if they are meant in fun.

## 5. I understand that breaking any of these rules can result in the loss of my cell phone.

Remember the usage agreements should be made with the needs of your child in mind. Your child should also be an active participant in its creation. Just laying down a set of rules may force them to become quite sneaky with their usage. If your child breaks the rules, there should be a well-defined set of sanctions in place Dependant on how serious the infraction is. Taking away the phone or computer should be weighed carefully and only done for serious infractions. Reasonable rules with as much agreement as possible will stand a better chance of being obeyed and keeping harmony in the household.

